

Mental Health Commission of Canada
Commission de la santé mentale du Canada

HEADSTRONG

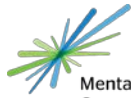


**BE BRAVE
REACH OUT
SPEAK UP**

Provincial Youth Mental Health Summit & SGM Agenda

Student Agenda Monday June 3, 2019

Time	Activity
8:00 – 8:30 am	Breakfast (Separate from ASBA SGM)
8:30 – 9:00 am	Welcome
9:00 – 9:30 am	Opening HEADSTRONG Session
9:30 – 9:45 am	Group Activity
9:45 – 10:30 am	Keynote: Trevor Stuart
10:30 – 10:45 am	Break
10:45 – 11:30 am	Breakout Session: Porcupine Map and Panel Speaker
11:30 – 12:00 pm	Group Activity
12:00 – 1:00 pm	Lunch Movement Break and Prizes
1:00 – 1:30 pm	Drumming Circle
1:30 – 2:15 pm	Panel Discussion
2:15 – 2:30 pm	Introduction to Conversation Café
2:30 – 3:10 pm	Conversation Café – Action Planning
3:10 – 3:40 pm	Presentation of Action Plans
3:40 – 4:00 pm	Closing
6:30 – 9:00 pm	Banquet and Awards Keynote Speaker (Patricia Makokis)



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**Member Agenda - SGM 2019 Business Session
Monday, June 3**

7:00 – 8:30 am	Registration
7:30 – 8:30 am	Breakfast
8:30 – 10:00 am	Opening Remarks
10:00 – 12:00 pm	Association Business
12:00 – 1:00 pm	Lunch
1:15 pm	Association Business Continues
3:40 – 4:00 pm	Closing
6:30 – 9:00 pm	Banquet and Awards Keynote Speaker (Patricia Makokis)

**Student, Member, Administrator and Guest Agenda
Tuesday June 4, 2019**

Time	Activity
7:00 – 8:00 am	Breakfast
8:00 – 8:30 am	Welcome to Trustees and Students Opening Presentations (ASBA)
8:30 – 10:00 am	Keynote Speaker: Dr. Yifeng Wei (Dalhousie University)
10:00 – 10:20 am	Break
10:20 – 11:30 am	Panel Discussions with Experts
11:30 – 12:45 pm	Breakout Sessions by zones
12:45 – 2:00 pm	Final Greetings and Media Event (bagged lunch)